



## **RELEASE**

### **Family Caregiver Support Group**

Are you caring for an aging parent, spouse, or other relative? Do you need support and guidance from a professional and input from other caregivers in similar situations? Do you need to vent your frustrations and get answers to questions?

**When:** Beginning February 10, 2010

2<sup>nd</sup> Wednesday, each month, from 5:00-6:00 pm

**Where:** Pokagon Room, St. Joseph Public Library,

304 South Main Street, South Bend, IN 46601

If you would like to register to attend or would like more information, please contact Sarah Ressler, MSW, Family Caregiver Coordinator at REAL Services, at 574-284-7173 or toll-free 1-800-552-7928, ext. 7173. We hope to see you there!

