

The following brochures and booklets are available from REAL Services, Inc.

Information to assist Senior Citizens and their caregivers/families

(all booklets and brochures are free unless otherwise noted)

1. **ADRC/InConnect** (brochure) – To create a single, coordinated system of information and access for all persons seeking long term support and social services. ADRC/InConnect resource counselors are trained professionals who provide quality person-centered services.
2. **Energy Assistance Program** (brochure) – Outlines the financial guidelines and eligibility to qualify for this program, when the program's available, how to apply, and what it covers.
3. **Get to Know REAL** (brochure) – A listing of all component programs available through REAL Services.
4. **Guardianship Program** (brochure) – Describes the Guardianship Program which provides legal guardianship for mentally incapacitated individuals, age 60 or older who are without family or friends willing, able, or suitable to become their guardian.
5. **Guardian Partner Program** (brochure) – Describes the services that REAL Services can provide to assist a legal guardian.
6. **Health Education Programs** (brochure) – Describes the workshops and classes that are available to help senior citizens stay healthy.
7. **Lunch & Learn** (brochure) – A listing of lunchtime programs in Elkhart, LaPorte, and St. Joseph counties that provide educational programs for caregivers of older adults.
8. **Meals on Wheels** (brochure) – Explains costs and answers common questions concerning home delivered meals for the homebound.
9. **Milton Adult Day Service** (brochure) – Describes what an Adult Day Service is, does, and it's benefits and funding options.
10. **Nutrition Program** (brochure) – A listing of all the area nutrition sites and locations. These sites provide seniors with a balanced lunch, socialization, and informational programs.
11. **Ombudsman** (brochure) – An Ombudsman is an advocate who seeks to resolve complaints made by or on behalf of people who are consumers of long-term care services.
12. **Resources for Your Aging Loved One** (brochure) – Provides general information about possible sources to help take care of your loved one starting with our ADRC/InConnect department, health insurance, Medicare, Aging in Place, Senior Solutions, Medicaid, and Veteran's Services.
13. **Senior Solutions – What is a Geriatric Care Manager** (brochure) – This brochure defines the benefits and services that a Geriatric Care Manager can provide.

14. **Transportation Program** (brochure) – REAL Services’ Transportation Program provides transportation to doctor appointments, grocery stores, pharmacies and other necessary trips. This publication explains eligibility, suggested donations, and what trips are allowed.
15. **Weatherization** (brochure) – Find out who qualifies for this home weatherizing service and how the program works.

Information to assist families who are low to moderate income

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1. **Community Action/Family Development Programs** (brochure) – Designed to help families 18 years old and older become self-sufficient while helping with finances and counseling.
2. **Energy Assistance Program** (brochure) – Outlines the financial guidelines and eligibility to qualify for this program, when the program’s available, how to apply, and what it covers.
3. **Financial Literacy Program** (brochure) – One of the self-sufficiency programs that outlines the value of financial literacy, the keys to success, and provides information about the Money Smart Curriculum taught during program.
4. **IDA – Individual Development Account Program** (brochure) – Outlines eligibility to qualify for and eligible uses of funds of the matched savings program (save \$1.00 receive \$3.00 in matched savings).
5. **Weatherization** (brochure) – Find out who qualifies for this home weatherizing service and how the program works.

Would you like to Volunteer and/or help your community

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1. **Volunteer Services** (brochure) – This is a program which recruits/provides many volunteers for the homebound who are elderly and/or disabled such as: Home Respite Companion, Meals on Wheels Delivery Drivers, Grocery Shopper, Housekeeper, Handyman, and Friendly Visitors.
2. **Foster Grandparent Program** (brochure) – This brochure defines the benefits to the children and the older adult who chooses to become a foster grandparent.
3. **Internship** (brochure) – this brochure defines the benefits and opportunities to college students who wish/need to intern to earn college credits.

FYI Resource Guides by County

1. **Elkhart County FYI Resource Guide** (booklet) – Categorical listing of service agencies, resources, advocates, and much more that are available in Elkhart County (First copy is free, any additional copies are \$5.00.)
2. **Kosciusko County FYI Resource Guide** (booklet) – Categorical listing of service agencies, resources, advocates, and much more that are available in Kosciusko County (First copy is free, any additional copies are \$5.00.)
3. **LaPorte County FYI Resource Guide** (booklet) – Categorical listing of service agencies, resources, advocates, and much more that are available in LaPorte County (First copy is free, any additional copies are \$5.00.)
4. **Marshall County FYI Resource Guide** (booklet) – Categorical listing of service agencies, resources, advocates, and much more that are available in Marshall County (First copy is free, any additional copies are \$5.00.)
5. **St. Joseph County FYI Resource Guide** (booklet) – Categorical listing of service agencies, resources, advocates, and much more that are available in St Joseph County (First copy is free, any additional copies are \$5.00.)

The following brochures are also available in Spanish:

Energy Assistance Program
Foster Grandparents
Get to Know REAL
Weatherization

To order publications please e-mail: megan@realservices.org