

WHO ARE WE?


Alzheimer's & Dementia Services of Northern Indiana (ALZNI) is a not-for-profit agency that has been serving northern Indiana families since 1982, offering programs and services to help those who have been diagnosed with Alzheimer's disease/related dementia, their caregivers, family, and friends.

ALZNI is an affiliated member of the Alzheimer's Foundation of America, a national organization that closely parallels our mission of service, support, education, and advocacy.

Our mission is to provide **northern Indiana** families with support, information, education, and referral services in the communities where they live. We also work to educate the public and health care professionals about Alzheimer's disease and related dementia.

We are always thankful for your donations, memorial gifts, and bequests that allow these programs to live on.

**Helping Families
Right Here
Right Now**



**Alzheimer's
& Dementia
Services**
of Northern Indiana
A Division of REAL Services, Inc.

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Helping Families

Right Here Right Now



**Your LOCAL
Alzheimer's Organization**

WHAT WE DO

All of our services are offered at *no cost to families* in the following Indiana Counties: Elkhart, Jasper, Kosciusko, Lake, LaPorte, Marshall, Newton, Porter, Pulaski, St. Joseph, and Starke.

TOLL-FREE TELEPHONE SUPPORT

LINE: Confidential telephone service that offers emotional support, disease information, care-giving tips and support, and referral to local community services. (888) 303-0180 or (574) 232-4121.

SUPPORT GROUPS: For both caregivers and persons in early stages of dementia, focusing on support and education.



MONTHLY DEMENTIA CLASSES: Free monthly classes that provide information and education regarding various aspects of Alzheimer's disease/dementia. Available in both St. Joseph and Lake counties. Call us or check our website for details on time, date, and location.

CARE CONSULTATION: Meets one-on-one with families to provide assessment, education, help with problem-solving and linkage to appropriate community services.

SPECIALIZED EDUCATIONAL WORKSHOPS AND SEMINARS: Provides disease orientation, care-giving skills, and coping strategies.

SPEAKERS BUREAU: Available to community groups, churches, etc., regarding Alzheimer's related issues.

NEWSLETTER: Features care-giving tips, disease information, upcoming educational conferences and workshops, and advances about Alzheimer's etc.

CARE CONNECTION: Sponsored by our national affiliate, Alzheimer's Foundation of America (AFA), **free, monthly** telephone support network offering caregivers disease coaching, support, and national speakers. To access on the 2nd Thursday of each month, at 1:00 pm EST, call toll-free 877-594-8353, then enter Guest ID #46692951#.

SADIE MAGER EMERGENCY RESPITE FUND: Offers one-time grants of \$500 to lower-income families in need of respite services.

LENDING LIBRARY: Contains books, videos, and pamphlets regarding various aspects of dementia and the care giving process.

INSTITUTE FOR EXCELLENCE IN MEMORY CARE:

Provides professional dementia care consultation and training for healthcare directors who want to offer superior memory care and create a person-centered care model. Including off-site training, in-house training, and mentoring. **For more information, call (574) 318-4635.**

WHY WE'RE HERE

In northern Indiana alone, more than 36,500 persons have been diagnosed with Alzheimer's disease. The National Institute on Aging estimates that, as the aging US population grows, as many as 15 million American could be diagnosed with Alzheimer's disease by the year 2040.

More than seven out of ten people with Alzheimer's disease live at home, and almost 75% of the home care is provided by family and friends. Disease education and learning how to use simple care giving approaches can enrich the quality of life for the caregiver as well as the person with dementia. Through our many education programs and services we provide training, support, and community referral services for persons with the disease, and caregivers—both family caregivers and professionals who provide day services, home health services, and residential care.

Call to see how we can help you!

**574-232-4121 or
888-303-0180**

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