

ADULT GUARDIANSHIP SERVICES AND GUARDIAN PARTNER

(574) 284-2644

Provides legal guardianship for persons 60+, who are mentally incapacitated, live in St. Joseph or Marshall counties, and have no family or friends who are able, appropriate, and/or willing to serve as their health and financial representative; works in a similar capacity with trust officers and attorneys in a private pay environment.

AGING & DISABILITY RESOURCE CENTER (ADRC)

(574) 284-2644

ADRC is a single, coordinated system of information and access for all persons seeking long-term support and social services and serves residents regardless of income or state of health. Resources are available to anyone seeking information on a wide range of topics to assist with long-term planning and other aging issues.

AGING IN PLACE

(574) 284-7172

Helps make homes more accessible for those 60+. Recommendations are made and information provided on how to successfully age in place at home and may provide home modifications.

ALZHEIMER'S & DEMENTIA SERVICES

(574) 232-4121

Provides families with support, information, education, and referral services in the communities where they live and works to educate the public and health care professionals about Alzheimer's disease and related dementia.

AGENCY ON AGING (AAA)

(574) 284-2644

Indiana has designated REAL Services as the AAA for implementation of the Older American's Act and related programs in St. Joseph, Elkhart, Kosciusko, LaPorte, and Marshall counties. The AAA plans and implements programs to meet the needs of elders.

BOOMER BOOTCAMP

(574) 284-7104

A comprehensive, retirement seminar series

Component Programs

presented by local experts in health care, elder law, social services, finance, insurance, education, and more.

COMMUNITY SERVICES BLOCK GRANT

(574) 284-7130

Indiana has designated REAL Services as the Community Action Agency which makes it possible to provide a range of services that have an impact on causes of poverty. The elimination of the causes of poverty, not the symptoms, is the goal of this grant. The agency serves St. Joseph, Elkhart, Kosciusko, Fulton, and Marshall counties.

ENERGY ASSISTANCE PROGRAM (EAP)

(574) 232-6501

Helps income eligible households with their heating expenses during the winter months; serves five counties that include Elkhart, Fulton, Kosciusko, Marshall and St. Joseph, and may provide some assistance in emergency situations.

FAMILY CAREGIVER PROGRAM

(574) 284-2644

Provides individualized assistance, respite care, information, and resources to help you care for older family members. Caregiving training opportunities are scheduled regularly.

FAMILY DEVELOPMENT PROGRAMS

(574) 284-2060

Assists low-income families with individualized support and services that enable families to achieve financial self-sufficiency.

FOSTER GRANDPARENT PROGRAM

(574) 233-8205

Provides an opportunity for low-income persons, aged 55+, to give 1 to 1 support to at-risk, special and exceptional needs children.

HEALTH EDUCATION

(574) 284-2644

Healthy living practices, chronic disease management, fall prevention, fitness, and nutrition awareness are just a few of the topics presented in communities throughout our area.

HOME WEATHERIZATION

(574) 233-8205

Helps income eligible households reduce fuel consumption and expenses by providing weatherization measures for homes, at no cost to those served.

IN-HOME CARE

(574) 284-2644

Assists clients by helping to manage their home care services; in some cases, may authorize funding to pay for those services under the Older American's Act, State CHOICE program, Social Services Block Grant, or Medicaid Waiver.

INDIVIDUAL DEVELOPMENT ACCOUNT (IDA)

(574) 284-2060

A matched-savings program that helps income eligible participants save money to buy a home, pursue higher education, or capitalize a small business, while encouraging regular savings patterns; also provides financial literacy and asset specific education.

MEALS ON WHEELS

(574) 256-1649

Provides nutritious noon and evening meals, weekends available, to homebound persons who can no longer prepare adequate meals for themselves. Meals are delivered by dedicated volunteers.

NURSING HOME OMBUDSMAN

(574) 284-2644

Provides a trained individual to advocate for quality care of nursing home residents; provides training to nursing home staff and counseling to families of residents regarding family member's rights; attempts to facilitate resolution of residents' concerns.

NUTRITION PROGRAM

(574) 284-2644

Provides low-cost nutritious meals, with recreational activities and informational programs, in centers located in Elkhart, Kosciusko, LaPorte, Marshall, and St. Joseph counties; promotes better health among older adults through improved nutrition and the pleasure derived from group participation.

SENIOR FARMERS MARKET

Assists low-income persons age 60+, to purchase fresh fruits and vegetables at our Local Farmer's Markets from July through October each year.

SENIOR SOLUTIONS

(574) 284-7103

A private-pay geriatric care manager who provides expert consultation for home and community based services. Provides comfort and stress relief for local families and those who live far.

SIMPLY CATERING TO YOU

(574) 284-2025

Specializes in convenience, sophistication and style from traditional favorites to culinary classics. Utilizes finest and freshest ingredients.

TEAM HEAT

(574) 284-2060

Assists eligible families by paying a matching \$50.00 on their heating bill and provides counseling and self-sufficiency classes from November 1 through March 31.

TRANSPORTATION

(574) 284-7164

Provides transportation services for older adults to doctors, grocery stores, banks, and other necessary appointments.

VOLUNTEER SERVICES

(574) 284-2644

Volunteers are a vital part of REAL Services' mission and work directly with the elderly and disabled, and/or assist with administrative functions. We recruit and train volunteers who assist elderly persons by providing grocery shopping, transportation, respite, friendly visiting, home repair, or housekeeping.

About Us

These services are funded in part by Title XX, CHOICE, Social Services Block Grant; Title III a, b, c, d, and e and Title V; Older American's Act; U.S. Department of Agriculture; Older Hoosier's Act; Voluntary Contributions; U.S. Department of Housing and Urban Development - Community Development Block Grant Funds; Low Income Energy Assistance Block Grant; U.S. Department of Energy; Corporation for National Service; Community Services Block Grant; St. Joseph County Government; and designated Estates, Trusts and Gifts.



REAL Services
1151 S. Michigan St.
South Bend, IN 46601

(574) 284-2644
or (800) 552-7928

www.REALservices.org

The ultimate objective of REAL Services is to assist in establishing a community in which those we serve can maintain their independence to the maximum degree possible and find meaning and satisfaction throughout their lives.

REAL Services, believing in the dignity of all people, will provide services without regard to race, age, color, religion, sex, disability, national origin, ancestry, or status as a veteran.



Get To Know REAL



Supporting Independence for Life