

Reservations

As a caregiver for an aging adult, it is not easy finding time in your schedule when you are juggling caregiving with other responsibilities. These **FREE** programs are offered during the convenience of your lunch hour so please, come and join us.

A complimentary lunch will be provided to all caregivers who make reservations in advance of the scheduled program.

Please Note:

- We cannot accommodate special dietary needs. Please feel free to bring your own lunch.
- Lunches will not be available without a reservation.

For reservations, call:

Leah Kelly Schrock,
Health Education

(574) 284-7132

(800) 552-7928, ext. 7132

About Us

REAL Services

1151 S. Michigan St.
South Bend, IN 46601
(574) 284-7132
(800) 552-7928 ext. 7132

www.REALservices.org

Sponsored by:



Our Partners for this Series:

- Dorothy White, LaPorte
- Greenleaf Health Campus, Elkhart
- Karen Blue, Elkhart Place Senior Living, Elkhart
- Lori Stock, Alzheimer's Association, Ft. Wayne
- Ragid Kadi, University Commons Pharmacy, Mishawaka
- Rittenhouse Village of Michigan City, Michigan City
- Sarah Milligan, Alzheimer's Association, Merrillville
 - Susan Bossung, Senior1Care, South Bend
 - The Waterford at Edison Lakes, Mishawaka

The ultimate objective of REAL Services is to assist in establishing a community in which those we serve can maintain their independence to the maximum degree possible and find meaning and satisfaction throughout their lives.

REAL Services, believing in the dignity of all people, will provide services without regard to race, age, color, religion, sex, disability, national origin, ancestry, or status as a veteran.



Lunch & Learn

St. Joseph, Elkhart and LaPorte Counties

Education Programs for
Older Adults and Caregivers
January - June 2019 Schedule



INDEPENDENCE | DIGNITY | STRENGTH

St. Joseph County

The Waterford at Edison Lakes
1025 Park Place
Mishawaka, IN 46545

First Thursday, each month
12:00-1:30 pm

NO JANUARY PROGRAM

Thursday, February 7, 2019

Strategies for Effective Partnerships with Physicians

Presenter: Leah Kelly Schrock, Health Education Mgr, REAL Services, Inc.

Thursday, March 7, 2019

Prescriptions & Drug Interactions

Presenter: Ragid Kadi, R.Ph. M.S., Pharmacist, University Commons Pharmacy

Thursday, April 4, 2019

Understanding & Responding to Dementia-Related Behavior

Presenter: Lori Stock, Social Worker, Alzheimer's Association

Thursday, May 2, 2019

Coping with Early Onset Dementia

Presenter: Lori Stock, Social Worker, Alzheimer's Association

Thursday, June 6, 2019

You've Gotten a Diagnosis - Now What?

Presenter: Susan Bossung, Dir. Client Service & Business Development, Senior1Care



Elkhart County

Greenleaf Health Campus
1201 E. Beardsley Av.
Elkhart, IN 46514

First Friday, each month
12:00-1:30 pm

NO JANUARY PROGRAM

Friday, February 1, 2019

Understanding & Responding to Dementia-Related Behavior

Presenter: Lori Stock, Social Worker, Alzheimer's Association

Friday, March 1, 2019

Coping with Early Onset Dementia

Presenter: Lori Stock, Social Worker, Alzheimer's Association

Friday, April 5, 2019

Prescriptions & Drug Interactions

Presenter: Karen Blue, Care Services Mgr., Elkhart Place Senior Living

Friday, May 3, 2019

Grieving the Alzheimer's Diagnosis

Presenter: Karen Blue, Care Services Mgr., Elkhart Place Senior Living

Friday, June 7, 2019

You've Gotten a Diagnosis - Now What?

Presenter: Susan Bossung, Dir. Client Service & Business Development, Senior1Care



LaPorte County

Rittenhouse Village at Michigan City
4300 Cleveland Ave.
Michigan City, IN 46360

First Tuesday, each month
12:00-1:30 pm

NO JANUARY PROGRAM

Tuesday, February 5, 2019

Strategies for Effective Partnerships with Physicians

Presenter: Leah Kelly Schrock, Health Education Mgr, REAL Services, Inc.

Tuesday, March 5, 2019

Understanding & Responding to Dementia-Related Behavior

Presenter: Sarah Milligan, Social Worker, Alzheimer's Association

Tuesday, April 2, 2019

Coping with Early Onset Dementia

Presenter: Sarah Milligan, Social Worker, Alzheimer's Association

Tuesday, May 7, 2019

Grieving the Alzheimer's Diagnosis

Presenter: Dorothy White, RN

Tuesday, June 4, 2019

You've Gotten a Diagnosis - Now What?

Presenter: Susan Bossung, Dir. Client Service & Business Development, Senior1Care

